

Guide to the color codes

- Column 1** Sequential verse numbers (Red)
- Column 2** Sequential Initialed/Un-initialed verse number (Brown)
- Column 3** Sequential revelation order of verses (overall) (Plum)
- Column 4** Sequential revelation order of verses (Initialed or Un-initialed Suras) (Orange)
- Column 5** Sequential prime numbered verses (Green)
- Column 6** Sequential verse number containing the word God (Blue)
- Column 7** Verse numbers (Black)
- Frequency of the word “God” (Blue)

100. The Runners

71st un-initialed sura, 13th un-initialed revealed, 14th revealed overall

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

In the name of God, the All Gracious, the All Merciful

6145 3402 281 229 1	By the runners who breathe heavily,-
6146 3403 282 230 1684 2	-then blaze a trail of fire,-
6147 3404 283 231 1685 3	-then invade by the morning,-
6148 3405 284 232 4	-then raise a cloud of dust,-
6149 3406 285 233 1686 5	-then penetrate the midst altogether.
6150 3407 286 234 6	Surely the human being is unappreciative of his

	Lord.
6151 3408 287 235 1687 7	And indeed he bears witness to this fact.
6152 3409 288 236 8	And indeed he loves good things excessively.
6153 3410 289 237 9	Does he not know that what is in the graves will be resurrected,-
6154 3411 290 238 10	-and all the secrets will be exposed?
6155 3412 291 239 1688 11	Indeed, their Lord is All Cognizant of them on that day.